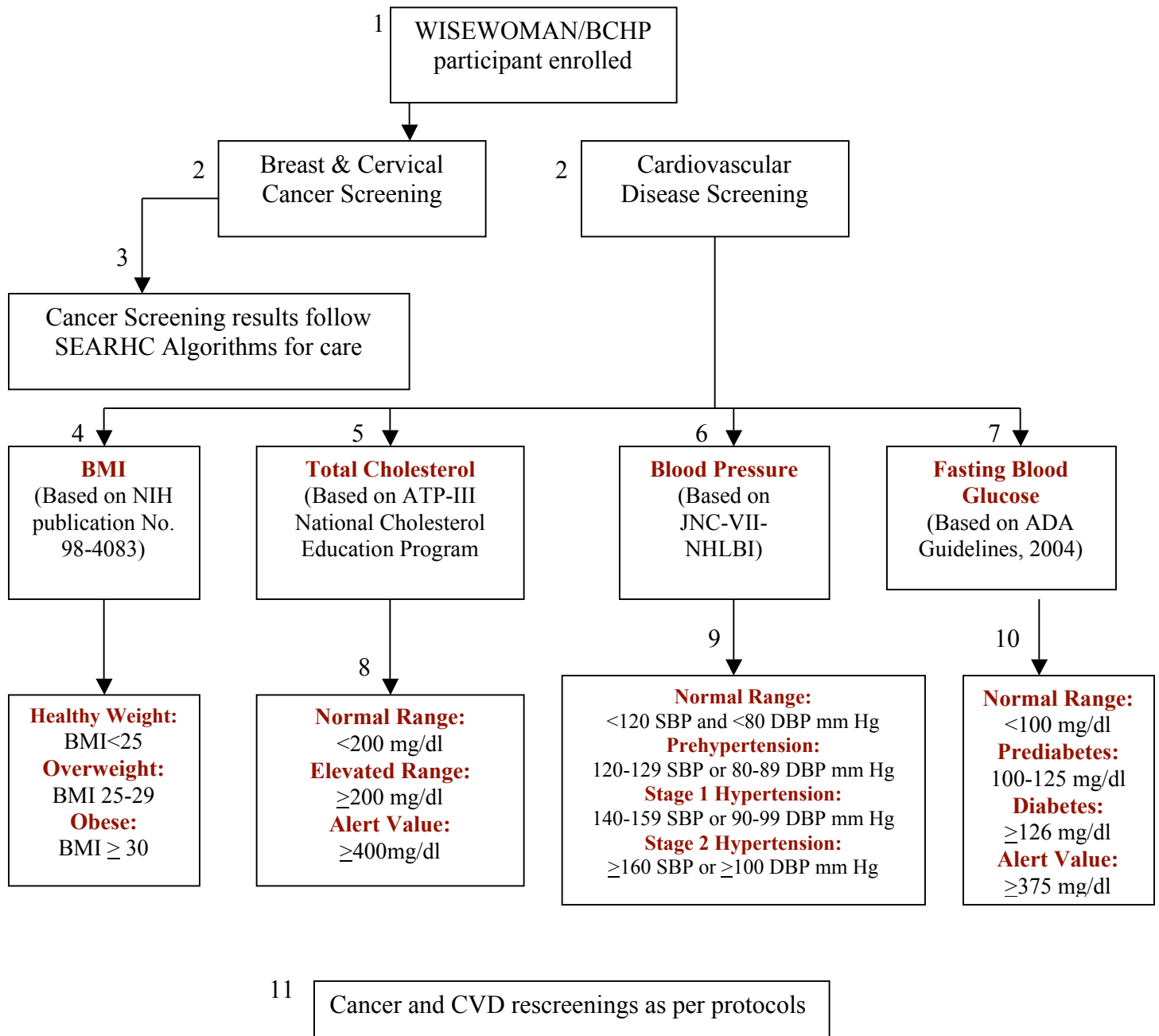


Summary of Cancer and CVD Screening Protocols



1. WISEWOMAN & BCHP Enrollment

All women enrolled in the SEARHC WISEWOMAN and BCH Programs should be offered the breast and cervical cancer screening services. Enrolled women age 30 and over should be offered cardiovascular disease risk factor screening services as well.

2. Breast & Cervical Cancer Screening and Cardiovascular Disease Screening

All women will be offered breast and cervical cancer screening as outlined in the breast and cervical cancer screening protocols. In addition, cardiovascular disease risk factor screening for cholesterol (total, HDL-cholesterol, LDL-cholesterol and triglycerides), systolic and diastolic blood pressure, diabetes mellitus, BMI and waist measurement must be available to every woman age 30 and over enrolled in the program.

3. Cancer Screening Results

Information detailing the services, follow-up, treatment, and billing in the WISEWOMAN and BCH Programs can be found in the Health Care Provider section of the website.

4. BMI Ranges

The ranges for healthy weight, overweight and obesity follow NHLBI recommendations.

5. Total Cholesterol

The cholesterol screening protocol is based on the Third Report of the Expert Panel on Detection, Evaluation and Treatment of High Blood Cholesterol in Adults (ATP III), National Institutes of Health, May 2001.

6. Blood Pressure

The Blood Pressure Protocol is based on the recommendations of the 7th Report of the Joint National Committee on Prevention, Detection, Evaluation, and Treatment of High Blood Pressure (JNC VII), National Institutes of Health, 2003

7. Blood Glucose

The Blood Glucose Protocol is based on the American Diabetes Association Clinical Practice Recommendations, 2004.

8. Total Blood Cholesterol Ranges

The ranges for total normal and elevated blood cholesterol follow ATP III guidelines. The alert range, >400 mg/dl, has been defined by the CDC to designate those women who must receive immediate diagnostic work-up and case management services.

9. Blood Pressure Ranges

The ranges for normal, prehypertensive and elevated blood pressure follow JNC VII recommendations. The alert range >180/110 mm Hg (either systolic or diastolic level elevated), has been defined by the CDC to designate those women who must receive immediate diagnostic work-up and case management services.

10. Blood Glucose Ranges

The ranges for normal and elevated blood glucose follow ADA Clinical Practice Recommendations. The alert range of >375 mg/dl has been defined by the CDC to designate those women who must receive immediate pharmacological and case management services.

11. Rescreen for cancer and CVD as per protocols

References

Third Report of the Expert Panel on Detection, Evaluations, and Treatment of High Blood Cholesterol in Adults (ATP III). National Institutes of Health, 2001.

7th Report of the Joint National Committee on Prevention, Detection, Evaluation and treatment of High Blood Pressure, (JNC VII). National Institutes of Health, 2003.

American Diabetes Association Clinical Practice Recommendations, 2004.

The Practical Guide, Identification, Evaluation and Treatment of Overweight and Obesity in Adults, National Institutes of Health Publication 02-4084, January 2002.